Fascial Manipulation® Course
Hybrid Level 3

"Manus sapiens potensest: a knowledge hand is powerful"

Program

THE TENSOSTRUCTURES: anatomy and physiology

Basic principles of the internal fasciae: anatomy of the organ-fascial (o-f) unit	Prof. Carla Stecco
Tensile structure: bio-mechanical model. Container and contents interactions	Prof. Antonio Stecco
Physiology of the organ-fascial unit: the intra and extramural vegetative system (microscopic ganglia)	Prof. Carla Stecco
Differences between locomotor system and internal dysfunction. Indications of treatment for o-f units	Prof. Antonio Stecco
Filling FMID assessment chart	Prof. Antonio Stecco
Local reflex pain: pain distribution along distal tensors	Prof. Carla Stecco

THE TENSOSTRUCTURES: clinical science

Treatment of cervical tensile structure. Theoretical part	Prof. Antonio Stecco
Treatment of the chest tensile structure. Theoretical part	Prof. Carla Stecco
Treatment of lumbar tensile structure. Theoretical part	Prof. Antonio Stecco
Treatment of pelvic tensile structure. Theoretical part	Prof. Carla Stecco
Treatment of cephalic tensile structure. Theoretical part	Prof. Antonio Stecco

THE APPARATUS: anatomy and physiology

The apparatus-fascial sequences and catenary: anatomy of the inner fasciae analyzed in the longitudinal continuity.	Prof. Carla Stecco
Physiology of the apparatus-fascial sequences: vegetative innervation of the visceral, vascular and glandular sequences.	Prof. Carla Stecco
Engineering model of the catenary: catenaries of the trunk, pivot points of boundaries and tensors of the limbs	Prof. Antonio Stecco
Distal reflex pain: pain distribution along the distal tensors	Prof. Carla Stecco

THE APPARATUS: clinical science

Introduction and assessment of ARE	Prof. Carla Stecco
Introduction and assessment of ADI	Prof. Antonio Stecco
Introduction and assessment of ACI	Prof. Carla Stecco
Introduction and assessment of AUN	Prof. Antonio Stecco
Introduction and assessment of AEN	Prof. Carla Stecco

Introduction and assessment of AHE	Prof. Antonio Stecco
Introduction and assessment of AFR, AMR, ACR	Prof. Antonio Stecco

THE APPARATUS: palpation

Introduction and assessment of ARE	Prof. Antonio Stecco
Introduction and assessment of ADI	Prof. Antonio Stecco
Introduction and assessment of ACI	Prof. Antonio Stecco
Introduction and assessment of AUN	Prof. Antonio Stecco
Introduction and assessment of AEN	Prof. Antonio Stecco
Introduction and assessment of AHE	Prof. Antonio Stecco
Introduction and assessment of AFR, AMR, ACR	Prof. Antonio Stecco

Program 3B on-site

Day 1

08.30-09.30	Discussion and Q&A about the online lectures	All
09.30-10.30	Introduction to treatment of the catenaries + demonstration of global palpation verification	Theory Practical
10.30-10.45	Coffee Break	
10.45-12.00	Global palpation verification: practical part	All
12.00-13.00	Respiratory Appartaus (ARE): demonstration	Demo Practical
13.00-14.00	Lunch	
14.00-15.00	Respiratory Appartaus (ARE): practical part	All
15.00-16.00	Digestive Apparatus (ADI): demonstration	Demo Practical
16.00-16.15	Coffee Break	
16.15-16.45	Digestive Apparatus (ADI): practical part	All
16.45-18.00	Treatment of a clinical case and discussion with participants	Demonstration and discussion

Day 2

08.30-09.15	Endocrine Apparatus (AEN): demonstration	Demo Practical
09.15-09.45	Hematopoietic Apparatus (AEN): practical part	All
09.45-10.30	Hematopoietic Apparatus (AHE): demonstration	Demo Practical
10.30-10.45	Coffee Break	
10.45-11.30	Hematopoietic Apparatus (AHE): practical part	All

11.30-12.15	Urinary Apparatus (AUN): demonstration	Demo Practical
12.15-13.00	Urinary Apparatus (AUN): practical part	All
13.00-14.00	Lunch	
14.00-14.45	Circulatory Apparatus (ACI) demonstration	Demo Practical
14.45-15.15	Circulatory Apparatus (ACI) practical part	All
15.15-15.45	Receptor Apparatus (AFR, AMR, ACR) demonstration	Demo Practical
15.45-16.30	Receptor Apparatus (AFR, AMR, ACR) practical part	All
16,30-16.45	Coffee Break	
16.55-18.00	Summary of the apparatus	Theory Practical

Day 3

08.30-10.30	Assessment of participants (filling the chart, hypothesis formulation, palpation and treatment)	All
10.30-10.45	Coffee Break	
10.45-13.00	Correction of charts and hypotheses, discussion of the case	All
13.00-14.00	Lunch	
14.00-16.00	Assessment and treatment of participants/ external patients (filling the chart, hypothesis formulation, palpation and treatment)	All
16.00-16.30	Discussion of the clinical case	All
16.30-16.45	Coffee Break	
16.45-17.30	Summary of the apparatus	All
17.30-18.00	Exam and review exam	All

The program may be subject to changes based on particular needs.